

<p>Fill a small pan with water to a depth of about 3 inches or 8 cm.</p>	<p>Bring the water to the boil.</p>	<p>As the water comes to the boil, add a dessert-spoon of vinegar and turn the heat down so the water is just simmering.</p>
<p>Gently add the eggs to the simmering water and continue to simmer for about 3 minutes.</p>	<p>Lift the eggs carefully out of the water with a slotted spoon and gently place on the toast.</p>	<p>Put two slices of bread to toast in the toaster.</p>
<p>Put two slices of toast on the plate.</p>	<p>Open the can of beans and put as much as you want into a small pan.</p>	<p>Bring the beans to the boil and simmer gently until everything else is ready - but don't let them get too dry.</p>