Choose a fraction to start from.
From your chosen fraction, can you find a sequence of twists and turns that get you back to zero? Remember, twisting:

$$
x \rightarrow x+1
$$

and turning:

$$
x \rightarrow-\frac{1}{x}
$$

Perhaps you might like to start with a negative fraction containing a 2 as the denominator, such as $-\frac{5}{2}$ or $-\frac{17}{2}$ or $-\frac{23}{2}$

Can you find a way to get back to zero?
Try to describe an efficient strategy for disentangling any fraction of the form

$$
-\frac{n}{2}
$$

How does this help you get back to zero from a positive fraction with 2 as the numerator, such as $\frac{2}{7}$ or $\frac{2}{15}$ or $\frac{2}{32}$ ?

Next, you could consider ropes that have been tangled up and have left you with a negative fraction containing a 3 as the denominator
e.g. $-\frac{5}{3}$ or $-\frac{17}{3}$ or $-\frac{23}{3}$

Try to describe an efficient strategy for disentangling any fraction of the form

$$
-\frac{n}{3}
$$

and use this to suggest a strategy for disentangling any fraction of the form

$$
\frac{3}{n}
$$

Next, you could consider ropes that have been tangled up and have left you with negative fractions containing 4,5,6...as the denominator, or positive fractions containing $4,5,6 \ldots$ as the numerator.

Can you develop a strategy for disentangling any tangled ropes, irrespective of the fraction you have ended up with?

