

11+	3 3	3+	
	12x		
		2 2	2-
24x			

You start off by filling in the numbers of the groups with only one box in them, as they should be the same as the number in the top left of the box.

11+	3 3	3+	
	12x 1 3 4	1 3 4	1 3 4
		2 2	2-
24x			

Next, you list all the numbers in the possible solutions across all the boxes in the group.

11+	3 3	3+	
	12x 1 3 4	1 3 4	1 3 4
		2 2	2-
24x			

After that, you take out all the numbers that already feature in that row or column.

<sup>11+</sup> 4	<sup>3</sup> 3	<sup>3+</sup> 1	2
2	<sup>12x</sup> 1	3	4
1	4	<sup>2</sup> 2	<sup>2-</sup> 3
<sup>24x</sup> 3	2	4	1

Keep eliminating numbers until you have only 1 number left per box, and that is your answer.