Anna, Ben and Charlie have been timing themselves to see who is best at estimating 30 seconds.

They did this five times each and their times in seconds were recorded in the table below.

| Anna | Ben | Charlie |
| :---: | :---: | :---: |
| 31 | 36 | 37 |
| 26 | 19 | 32 |
| 32 | 39 | 24 |
| 27 | 36 | 32 |
| 29 | 20 | 30 |

How would you decide who is best at estimating $\mathbf{3 0}$ seconds?

